

Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00 am Breakfast - French Toast Sticks, Syrup, Fruit, Milk 12:00 pm Lunch - Spaghetti / Meat Sauce, Salad, Peas, Breadstick, Fruit, Milk 12:15 pm Lunchables - Cheese Pizza 12:30 pm Jr./Sr. - Chef Salads	2 8:00 am Breakfast - Breakfast Pizza, Fruit, Milk 12:00 pm Lunch - Pizza Cheese or Pepperoni, Lettuce Salad, Ranch, Vegetable Blend, Fruit, Milk 12:15 pm Lunchable - Ham and Cheese Cubes 12:30 pm Jr./Sr. - Chef Salads	3 8:00 am Breakfast - Pancake on a Stick, Syrup, Fruit, Milk 12:00 pm Lunch - Hot Dog / Bun, Fries, Baked Beans, Fruit, Cookie, Milk 12:15 pm Lunchable - Nachos 12:30 pm Jr./Sr. - Chef Salads	4 8:00 am Breakfast - Grape Crescent Rolls, Fruit, Milk 12:00 pm Lunch - Breadsticks, Marinara, Peas, Baby Carrots, Ranch, Pudding, Fruit, Milk 12:15 pm Lunchables - Yogurt 12:30 pm Jr./Sr. - Chef Salads	5
6	7 8:00 am Breakfast - Cereal, Poptart, Fruit, Milk 12:00 pm Lunch - Hamburger / Cheese, Fries, Baked Beans, Fruit, Milk 12:15 pm Lunchables - Beef Stick / Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	8 8:00 am Breakfast - Waffles, Syrup, Fruit, Milk 12:00 pm Lunch - Orange / Teriyaki Chicken, Savory Rice, Stir Fry, Peas, Bread Stick, Fruit, Milk 12:15 pm Lunchables - Cheese Pizza 12:30 pm Jr. / Sr. - Chef Salads	9 8:00 am Breakfast - Breakfast Pizza, Fruit, Milk 12:00 pm Lunch - Pizza Variety, Lettuce Salad, Mixed Vegetables, Cookie, Fruit Milk 12:15 pm Lunchable - Ham and Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	10 8:00 am Breakfast - Scrambled Eggs, Toast, Jelly, Fruit, Milk 12:00 pm Lunch - Chicken Patty, Green Beans, Baby Carrots, Ranch, Fruit, Milk 12:15 pm Lunchable - Nachos 12:30 pm Jr. / Sr. - Chef Salads	11 8:00 am Breakfast - Sugar Mini Donuts, Fruit, Milk 12:00 pm Lunch - Meatball Sub, Corn, Broccoli, Pudding, Fruit, Milk 12:15 pm Lunchables - Yogurt 12:30 pm Jr. / Sr. - Chef Salads	12
13	14 8:00 am Breakfast - Cereal Granola Bar, Fruit, Milk 12:00 pm Lunch - BBQ Pork Sandwich, Fries, Baked Beans, Fruit, Milk 12:15 pm Lunchables - Beef Stick / Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	15 8:00 am Breakfast - French Toast Sticks, Syrup, Fruit, Milk 12:00 pm Lunch - Egg Omelet, Mango Wango Juice, Tri-tater, Cinnamon Roll, Fruit, Milk 12:15 pm Lunchables - Cheese Pizza 12:30 pm Jr. / Sr. - Chef Salads	16 8:00 am Breakfast - Breakfast Pizza, Fruit, Milk 12:00 pm Lunch - Pizza Variety, Lettuce Salad, Mixed Vegetables, Cookie, Fruit Milk 12:15 pm Lunchable - Ham and Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	17 8:00 am Breakfast - Parfait, Granola, Fruit, Milk 12:00 pm Lunch - Chicken Drumsticks, Mashed Potatoes, Gravy, Cooked Carrots, Dinner Roll, Fruit, Milk 12:15 pm Lunchable - Nachos 12:30 pm Jr. / Sr. - Chef Salads	18 8:00 am Breakfast - Donut, Fruit, Milk 12:00 pm Lunch - Riblets on a Bun, Fries, Green Beans, Fruit, Milk 12:15 pm Lunchables - Yogurt 12:30 pm Jr. / Sr. - Chef Salads	19
20	21 8:00 am Breakfast - Cereal, Yogurt, Fruit, Milk 12:00 pm Lunch - Chicken Alfredo, Lettuce Salad, Ranch, Peas, Breadstick, Fruit, Milk 12:15 pm Lunchables - Beef Stick / Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	22 8:00 am Breakfast - Pancake, Syrup, Fruit, Milk 12:00 pm Lunch - Taverns / Bun, Baked Beans, Carrots, Sports Bites, Fruit, Milk 12:15 pm Lunchables - Cheese Pizza 12:30 pm Jr. / Sr. - Chef Salads	23 8:00 am Breakfast - Breakfast Pizza, Fruit, Milk 12:00 pm Lunch - Pizza Variety, Lettuce Salad, Mixed Vegetables, Cookie, Fruit Milk 12:15 pm Lunchable - Ham and Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	24 8:00 am Breakfast - Long Johns, Fruit, Milk 12:00 pm Lunch - Chili, Crackers, Carrots, Celery, Ranch, Cinnamon Roll, Fruit, Milk 12:15 pm Lunchable - Nachos 12:30 pm Jr. / Sr. - Chef Salads	25 NO SCHOOL	26
27	28 8:00 am Breakfast - Cereal, Muffin, Fruit, Milk 12:00 pm Lunch - Ham / Cheese / Bun, Green Beans, Baby Carrots, Ranch, Cookie, Fruit, Milk 12:15 pm Lunchables - Beef Stick / Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	29 8:00 am Breakfast - French Toast Stick, Syrup, Fruit, Milk 12:00 pm Lunch - Meat Nachos / Tortilla Chips, Cheese, Salsa, Lettuce, Corn, Fruit, Milk 12:15 pm Lunchables - Cheese Pizza 12:30 pm Jr. / Sr. - Chef Salads	30 8:00 am Breakfast - Breakfast Pizza, Fruit, Milk 12:00 pm Lunch - Pizza Variety, Lettuce Salad, Mixed Vegetables, Cookie, Fruit Milk 12:15 pm Lunchable - Ham and Cheese Cubes 12:30 pm Jr. / Sr. - Chef Salads	31 8:00 am Breakfast - Pancake on a Stick, Syrup, Fruit, Milk 12:00 pm Lunch - Zombie Toes, Broomsticks, Witches Fingers, Ghost Slim, Eeek, Witches Brew 12:15 pm Lunchable - Nachos 12:30 pm Jr. / Sr. - Chef Salads		

This institution is an equal opportunity provider.

The option to purchase an extra entrée and/or a few ala carte items will extend from the Jr/Sr High to the 5th and 6th grades in the Elementary.